# Contraceptive Action Team: An Update

Katie Bunge, MD MPH MTN Regional Meeting October 30, 2013



## Contraceptive Choice

MTN trials often have contraceptive requirements to enroll

 MTN recognizes the importance of offering contraceptive choice for participants

MTN Contraceptive Initiative developed, May 2012

#### Initiative's Goal

 Assist sites to expand the method mix offered to participants

- Four methods offered at each site
- No single method comprising >50% of the mix

# Contraceptive Action Team

- Comprised of 2-3 representatives per African MTN Site
  - Medical Officers, Nurses, Study Coordinators
- MTN Core facilitators
  - Singh, Chappell, Bunge
- Overseen by Contraceptive Action Steering Committee
  - Nakabiito, Makanani, Chirenje, Chatani-Gata, Cates, Russo, Black, Piper, Rees, White, Mofenson, Baeten, Hillier

#### Communication

CAT listserv

- MTN functions
  - Regional Meeting
  - Annual Meeting
- Face to Face meeting
  - 2-3 days
  - Focus on CAT initiative
  - Opportunity to learn from one another
  - Motivating



# Face to Face Meetings

- □ June,2012
  - Described the current method mix at each site
  - Assessed buy-in to the initiative's goals
  - Identified barriers and challenges to expanding mix
  - Left with Site Specific Action Plans
- January 2013
  - IUCD focus
    - Didactics
    - Shared challenges and successes
- June 2013
  - Implant focus
    - Implant demonstration , didactics
  - Community involvement
  - Started developing partnerships
    - DOH. Marie Stopes



#### Successes

- Staff education and motivation
- Participant education
- Community education
- IUCD provider training
- Implant provider training
- Networking

#### Staff Education and Motivation

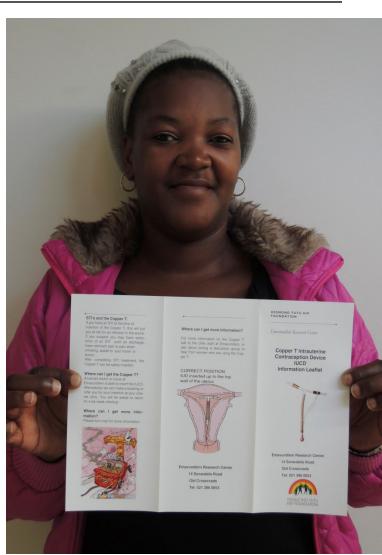
- All sites have implemented staff site trainings with an emphasis on continuing education
  - Trainings since last year: one to thirteen
- CAT members make contraceptive choice a priority
  - Integrate into ASPIRE meetings
  - Review monthly stats





#### Participant Education

- Expanding educational tools
  - Site-developed fliers
- Peer to peer education
  - IUCD discussion group
  - Peer educators in waiting rooms
- Retention events
- Male involvement workshops
- Adherence counseling

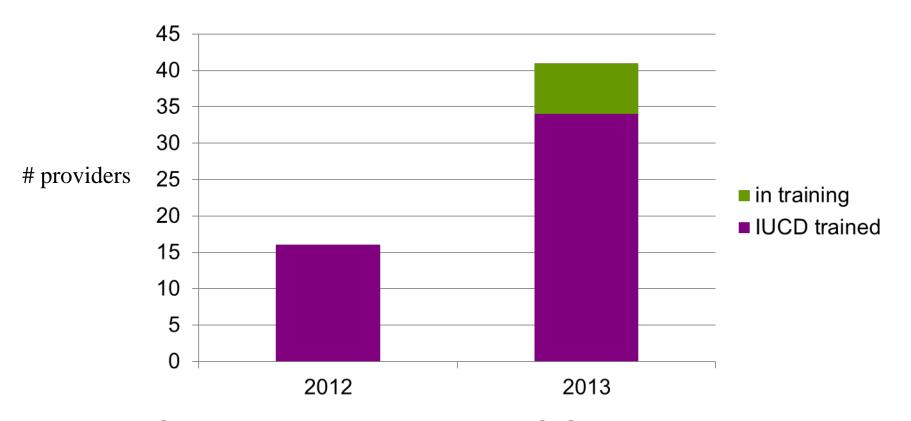


## **Community Education**

- More involvement with the CAB
- Community events
  - Sensitization meeting
  - Daily recruitment activities
  - Stakeholder meetings
  - Condom week
  - Pregnancy awareness workshops
  - Wellness day events
  - World AIDS vaccine day event



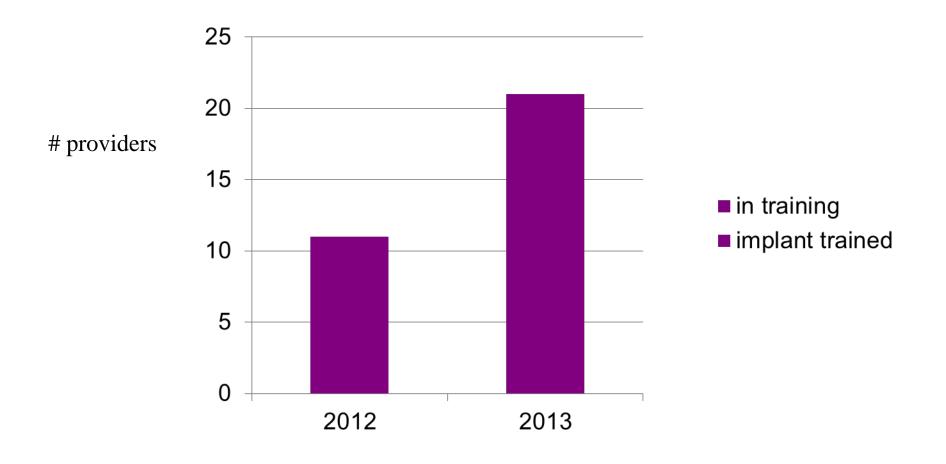
### **IUCD** provider training



 ALL CTUs are able to offer OCPs, injectables, AND IUCD on site

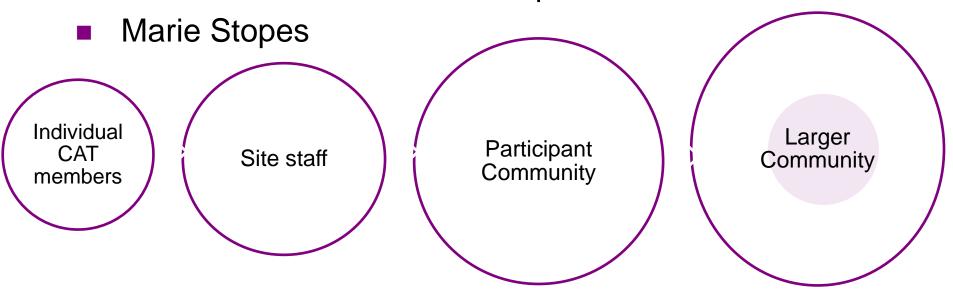
## Implant provider training

CAT members report that site staff



#### Networking

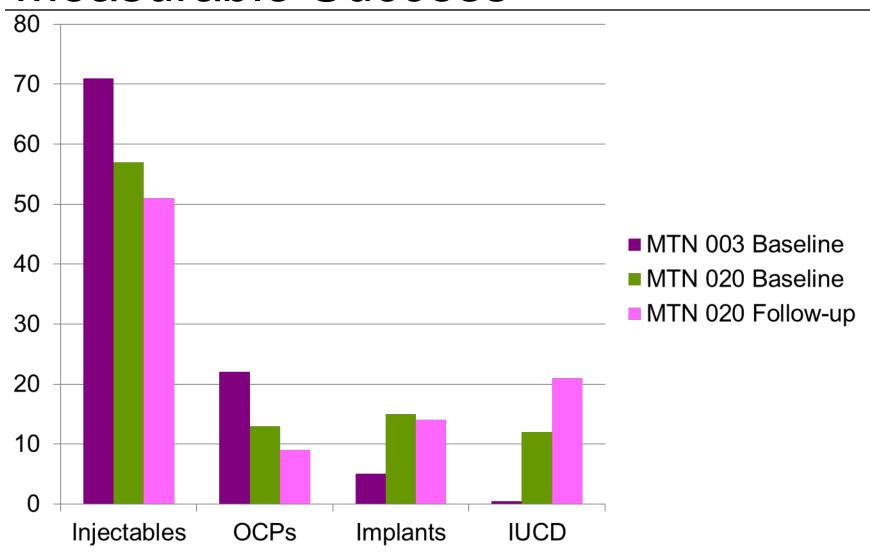
- Sites are beginning to reach out to other local organizations
  - DOH
  - Local FP clinics
  - Wentworth AIDS Action Group



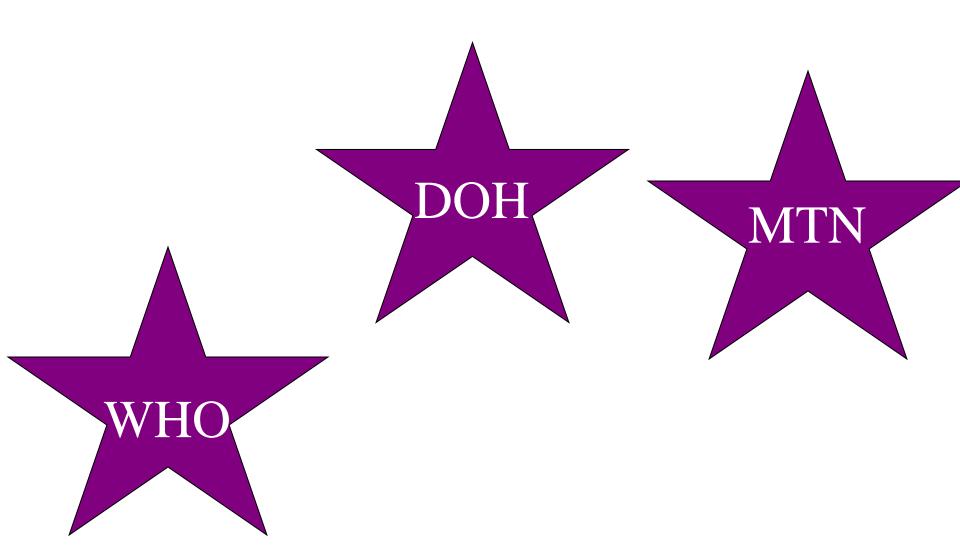
#### Measurable Success

- Pregnancy rate in prevention trials
  - Partners PrEP-10%
  - CAPRISA 004- 4%
  - Fem-Prep- 9%
  - VOICE 7.8%
- Pregnancy rate in ASPIRE to date-3%

#### Measurable Success



# Stars Aligned



# Stars Aligned



## Looking forward

- Next Face to Face meeting in February
- Integration of implant services

# Acknowledgements

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